



Volume I, Number VI - April 2003

Stuttgart Area American Red Cross Newsletter

April 2003

ARC Events

March SRP Results

The ARC participation in the SRP last month was a success. We met our fundraising goal of \$300 and served over 250 people.

Volunteer Luncheon and Awards Ceremony

The volunteer luncheon took place on 20 March at the Swabian Events Center. All volunteers were recognized individually for their volunteer efforts. Some special awards were also given to those who have demonstrated notable efforts as a Red Cross volunteer:

Harriman Award:

Mellanie Paterson

Clara Barton Award:

Lyn Ward

Armed Forces Emergency Services Award (Volunteer):

Stuttgart Retiree Center

Armed Forces Emergency Services Award (Employee):

Larry Dubroc

Health and Safety Award:

Kim Cook

Good Neighbor Award:

Officer and Civilians Spouses Club

Community Service Award:

James Johnson

Partnership Award:

Russell Orr

Exceptional Volunteer Service Awards

- | | |
|----------------------|-----------------------|
| ■ William Ewer | ■ William Torbett III |
| ■ Carol Carlson | ■ Anita Post |
| ■ Jennifer Hillerman | ■ Diane Jones |
| ■ Barbel Sonnenmoser | ■ Paul Sklar |

Quick Fact

The American Red Cross responds to more than 73,000 disasters every year.

Our ARC Team

Welcome New ARC Volunteers!

- | | |
|---------------|-------------------|
| ■ Karyn Burke | ■ Silvia Pehl |
| ■ Ursula Hahn | ■ Angelia Ziplies |

I challenge you...

As you know, we are currently in need of volunteers with varying levels of time commitment and responsibility. So, this month I challenge you to simply ask one person about becoming a volunteer for the Red Cross.

Thanks for all of your continued support in helping make our Stuttgart community a better place!

Raise your hand!

ARC needs you! There are some exciting and rewarding volunteer opportunities currently available.

■ Casework volunteers

Due to the possibility that increased troop movement might bring more emergency message traffic to the Stuttgart Station, we would like to

Mark Your Calendar!

April 16 - RSC Retiree/Widow Quarterly Meeting 1130-1400

May 10 - Family Building through Adoption seminar, in Kaiserslautern (details below)

June 19 - Retiree/Widow Health & Dental Fair, sponsored by the 6th ASG Retiree Support Center

September - Red Cross annual golf outing fundraiser



April Class Schedule

ARC Volunteer Orientation

Location: Panzer

4/1 1:00 p.m. – 3:00 p.m. or
4/15 10:00 a.m. – 12:00 p.m.

Super Babysitter Training Course

Location: Robinson CYS

4/7 & 4/8 12:00 – 4:00 p.m. and
4/9 9:00 a.m. - 4:00 p.m.

Cost: \$35

Adult CPR/AED with First Aid

Location: Panzer

4/15 & 4/17, 6:00 p.m. – 9:30

Cost: \$30

Healthy Pregnancy/Healthy Baby Course

Location: Panzer

Class every Thursday evening 4/17-5/22, 6:30 – 8:30 p.m.

Cost: \$20

New Instructor Training:

FIT with Advanced Adult/Infant/Child CPR, AED and First Aid

Location: Panzer

4/21 FIT, 8:00 a.m. – 5:00 p.m.
4/22-4/25 Advanced skills, 8:00 a.m. – 5:00 p.m.

Cost: \$70

identify volunteers who are willing to be trained for casework and available to help out if the need arises.

Casework volunteers will assist with the delivery of emergency messages and provide information and counseling for military personnel and their families. This is an opportunity to learn real social work skills.

■ Annual Golf Outing Committee volunteers +

This is a big event that entails a lot of planning and preparatory work, so we are starting early! This annual fundraiser for the Red Cross will take place this fall. We are searching for some dedicated volunteers to be part of the Golf Outing Committee.

■ First Aid, Adult CPR, Child/Infant CPR or AED Instructors +

Do you have current certification in First Aid, Adult CPR, Child/Infant CPR or AED? We have a need for qualified instructors for our Health & Safety classes. An instructor training course will be held April 21-25 0800-1700 for interested candidates. The cost of the course is \$70.

■ Healthy Pregnancy/Healthy Baby and Babysitting Course Instructors +

Do you enjoy working with expecting mothers or children? We are seeking instructors for our Healthy Pregnancy/Healthy Baby course and Babysitter training course. No previous certification required. A background in health care is a plus, but not required. An instructor's training class will be held 21 April, 0800-1700. The cost of the class is \$10.

■ Publicity volunteers

We are seeking a writer/editor for the monthly newsletter and newsletter production and distribution volunteers. We are also seeking someone to help create PR materials.

■ Youth volunteers

The Red Cross offers suitable and educational roles for youth within the Red Cross.

■ Office volunteers

We are seeking office volunteers for some general office tasks: copying, sorting, filing, and data entry. Hours are flexible.

Contact Heather Haiss to [volunteer](#) for one of the above volunteer opportunities or to be matched with a volunteer role based on your skills!

Red Cross Armed Forces Emergency Services

In this time of crisis, we are keeping men and women in the Armed Forces connected with their families back home.

American Red Cross communication services keep military personnel in touch with their families following the death or serious illness of a family member or other important events, such as the birth of a child. The Red Cross sends messages quickly, anywhere in the world, including ships at sea, embassies and to isolated military units. The information or verification in a message assists the service member's commanding officer in making a decision regarding emergency leave.

Today's American Red Cross is keeping pace with the changing military. Using the latest in computer and telecommunications technology, the Red Cross allows military members stationed all over the world to send messages to loved ones back home during an emergency or other important event. These communications are delivered around-the-clock, seven days a week, 365 days a year.

Volunteer Spotlight

Jenny Patton

The *spotlight* is on volunteer Jenny Patton this month. Jenny's dedication and volunteer hours have truly made a difference. Thanks Jenny for all your efforts and hard work! We are proud to have you as a Red Cross volunteer!

Your Heart Matters

Location: TBD
4/2 7:00 p.m. – 8:00 p.m.
Cost: Free

May Class Schedule

ARC Volunteer Orientation

Location: Panzer
5/6 1:00 p.m. – 3:00 p.m. or
5/20 10:00 a.m. – 12:00 p.m.

Healthy Pregnancy/Healthy Baby Course

Location: Panzer
Thursday evenings, 6 weeks
5/29-7/3, 6:30 – 8:30 p.m.
Cost: \$20

Community First Aid & Safety

Location: Panzer
5/10 8:00 a.m. – 6:00 p.m. Cost:
\$30

Super Babysitter Training Course

Location: Robinson CYS
5/12, 5/13, 5/14 & 5/15 4:00 –
6:00 p.m. and
5/17 9:00 a.m. – 4:00 p.m.
Cost: \$35

Contact the Stuttgart American Red Cross to register for classes

Healthy Pregnancy/Healthy Baby class

The dates for the next *Healthy Pregnancy, Healthy Baby* class has changed. The course will be every Thursday evening for six weeks, April 17 through May 22.

All classes will be held from 6:30 p.m. – 8:30 p.m. The cost of the class is \$20.

ARC Staff

Station Manager Reserve:

Sheila Miller

Assistant Station Managers:

Eric Ingram & Chad Magnuson

Field Office Assistant:

Cindy Reuter-Kiesewetter

Disaster Services Chairman:

Catherine Wojtaszek-Moses

Health & Safety Services

Chairman:

Heather Pfeil

Publicity Chairman:

Jennifer Hillerman

Chairman of Volunteers:

Heather Haiss

Senior Advisory Council

Members: James W. Johnson & Dave Beckner

Jenny's Bio: I grew up in Salina, Kansas, and attended Kansas State University where I received a degree in Journalism and Mass Communication. I worked as an Account Executive at an Advertising and Marketing agency for 4 years prior to our move to Germany. I now teach English to German business professionals.

In the past, I have served as an assistant to the Red Cross Health and Safety Chairperson. I am currently responsible for volunteer records. This is rewarding because I see how generous people are by donating their time; something which we all regard as extremely valuable. It's great to see so many people use their gifts and talents to support the various needs of the Red Cross.

I enjoy the opportunity to volunteer at the Red Cross because it's a great way to give back to the community, meet/work with amazing people and maintain business skills. In my spare time I enjoy buying antiques, jogging with my beagle (Bailey) and traveling.

Do you have an interesting Red Cross experience that you would like to share? Or, perhaps you are just a dedicated volunteer. Either way, [volunteer to be in the 'Spotlight!'](#)

Installation Passes

Within the next few weeks, Pass & ID will be incorporating a new system called the IACS (Installation Access Control System). Anyone who requires access to any of the four Stuttgart military installations will need a new ID with a bar code and microchip.

Most of our American Red Cross volunteers are dependents or sponsors and the sponsoring unit or organization will take care of their new ID's. However, if you're a volunteer and your primary affiliation with the Stuttgart military community is the American Red Cross, then you will need to go through our organization to acquire your new ID.

If this is the case, please call our office and we will put you on our list. There will be a scheduled time in May for these individuals to fill out the appropriate paperwork for Pass & ID. Thanks for your assistance in this process and please let us know if you have any questions.

Disaster Preparedness Resources

U.S. Department of Homeland Security
<http://www.ready.gov>

Together We Prepare
http://www.redcross.org/prepare/start_flash_2.html

There are additional informational resources available at your local Red Cross office, including: Your Family Disaster Plan, Helping Children Cope with Disaster, Terrorism.

6th ASG Retiree Support Center

Retiree/Widow Health & Dental Fair

- Patch Barracks Health Clinic - 19 June, 0800-1200
- Patch Barracks Dental Clinic - 19 June, 0800-1400

RSC Retiree/Widow Quarterly Meeting

- Patch Barracks Community Club - 16 April, 1130-1400

American Red Cross, Stuttgart Station
Panzer Kaserne, Building 2949, 2nd floor
Unit 30401, APO AE 09107

Hours: 8:00 a.m. - 4:30 p.m. Monday - Friday
DSN 431 2818/812 Civ. 07031 15 818/812

Please reply to this e-mail directly if you wish to no longer receive this newsletter.
We will *not* share your name or address with third parties.

Family Building through Adoption

Find out how!

10 May 2003 - 0800-1600 hrs
Faith Baptist Church
Kaiserslautern-Einsiedlerhof

Sponsored by Landstuhl American Red Cross and the Ramstein Family Support Center

DSN 480-5100
Civ. 06371-47-5100